



NEWSLETTER

2017 ANNUAL REPORT

Dr. Fina Lopez inducted as the 11th president of PPDSI

Dr. Fina Lopez was inducted as the 11th president of Philippine Pediatric Dental Society, Inc. to serve for the years 2017-2018. Dr. Lopez was inducted into office by Dr. Anthony Tsai, the incumbent IAPD president. *(Continued on page 12).*



Unang Ngipin Patibayin program on its third year

The Unang Ngipin Patibayin (UNP) program, whose pilot areas are in Pasig and Pateros, is also a research study to evaluate the effectiveness of the UNP program for children 6-15 months old in a 3-year period. It officially ends this 2017. *(page 6)*

International Association of Pediatric Dentistry Regional Meeting in Manila!



The organizing committee of the joint congress of the 24th Annual Convention and the IAPD Regional Meeting held at Blue Leaf Filipinas, Parañaque last Feb 27 & 28, 2017.

The Philippine Pediatric Dental Society, Inc. had the privilege to host a Regional Meeting of the International Association of Pediatric Dentistry in Manila for the first time. Coinciding with PPDSI's 24th annual convention, it was held last Feb 27 & 28, 2017 at the Blue Leaf ...

(page 3)



MESSAGE FROM THE PRESIDENT



Dr. Fina Lopez
President, 2017-2018

It is with deep pride, honor and “fear” as I start serving the Philippine Pediatric Dental Society, Inc. (PPDSI) as its president for the years 2017-2018. It is no secret that I am probably the most reluctant president this society ever had, as I was “bullied” into this presidency. I have always said that I don’t have the time because I have my hands full at home and in the clinics. Until a past president told me, “It is now your time to serve.” It was then I was awakened. I knew she is right. All the presidents before me were in the same position I was in, and yet they found the time. So yes, now, I shall make time. It’s now my time to serve.

As the acceptance of my role sunk in, the “fear” turned to “dread”. I then realized what a big job this leadership duty entails. Following the footsteps of my predecessors and their achievements, I know that those are very big shoes to fill. But I know that I am a worker and I have a sincere heart for service. If there is anything I can promise – I promise that I will lead with the best interest of PPDSI and of the Filipino children.

PPDSI has always stood for excellence. And this is something all members of PPDSI have been proud of. I plan to uphold this excellence in all our projects and uplift the profession of dentistry to new heights. To my set of officers, let us all be proud and with dignified smiles, serve our society. And for the PPDSI members, I encourage and humbly ask all of you to support PPDSI!

I look forward, with pride, honor and “fear”, to working with you!

Fina Lopez



The Board of PPDSI 2017-2018 (L-R): Dr. Elaine Manzanero, *Auditor*; Dr. Fenella Piedad, *Secretary*; Dr. Noel Valllesteros, *Ex-Officio*; Dr. Fina Lopez, *President*; Dr. Paul Abaya, *President-elect (2019-2020)*; Dr. Georgina Remulla, *Director*; Dr. Pinky Ignacio, *Treasurer*; Dr. Riza Custodio, *Director*; Dr. Lavinia Lucido, *Director*; not in picture: Dr. Hazel Marie Tala-Sunico, *Vice-President*

IAPD Regional Meeting / 24th PPDSI Annual Convention



Filipinas, Aseana City in Paranaque City. As PPDSI is a small specialty group in Manila with only about 120 active members, the IAPD Regional in Manila was well-attended by about 200 delegates, with foreign delegates attending from nearby countries, but as far as United Kingdom. The charm of Manila must have enticed these foreign delegates to attend this regional meeting, as our country is known as a food haven and white sand beaches, to name a few.

We were fortunate to have 4 reputable and world-renowned speakers visit our country and deliver incredible lectures. They all travelled far for this congress. One was from Israel and the other 3 were from Australia. And so to maximize their efforts and time, they all willingly shared their expertise and knowledge in 2 topics each.

Held at Blue Leaf Filipinas in Aseana City, Parañaque City, it was chosen for its breezy and spacious area, apt for an international convention. Two halls were utilized, with one hall dedicated as a seminar hall and the other for trade exhibits, poster presentations, registration and food service. To officially open the congress, the Philippine Pediatric Dental Society, Inc. President Dr. Fina Lopez briefly welcomed all the local and international delegates while the International Association of Pediatric Dentistry President, Dr. Anthony Tsai also welcomed the new members of the IAPD. He talked briefly about the association and its upcoming conference and meetings.

The first lecture was on Dental Home. Introducing this lecture was our home-grown reputable speaker and the immediate past president of PPDSI Dr. Noel Vallesteros who talked about the current status of the dental home in the Philippines. The first speaker, Dr. Ari Kupietzky was a magnanimous lecturer. Traveling all the way from Jerusalem, we were fortunate to have him for the first time in Manila. He is the current Secretary-General of the IAPD, a faculty member at the Department of He is a fellow of the American



Dr. Ari Kupietzky of Israel

IAPD Regional Meeting / 24th PPDSI Annual Convention

Academy Pediatric Dentistry of the Hebrew University-Hadassah School of Dental Medicine in Jerusalem, Israel, a co-editor of the second edition of Behavior Management in Dentistry for Children; a popular speaker throughout Asia, Europe and the United States and has his private dental practice in central Jerusalem. of Pediatric Dentistry and a diplomate of the American Board of Pediatric Dentistry. Dr. Ari's second lecture was all about Behavior Management in Pediatric Dentistry, sharing clinical tips on how to administer local anesthesia in children. Dr. Ari was a dynamic and energetic lecturer, as the delegates hung on to his words and his video presentations.



The second lecturer for the day was Professor Richard Widmer from the University of Sydney, Australia and a Director of the Dental Department at the Children's Hospital at Westmead. He earned his Master's degree in Pediatric Dentistry from the University of Melbourne and he has had his clinical practice over the last 35 years at the Westmead Center for Oral Health and the Children's Hospital at Westmead in western Sydney. He was

the past president of the International Association of Pediatric Dentistry (IAPD), the Australasian Academy of Pediatric Dentistry and the Australian and New Zealand Society of Pediatric Dentistry. He co-edited two very popular textbooks in pediatric dentistry, "Handbook of Pediatric Dentistry" now on its fourth edition and translated in seven languages; and the booklet "Pediatric Dentistry: Dental Care for Children. A guide for parents". He is an active clinician and lecturer, presenting to students and graduates in all branches of the health sciences, both locally and internationally. Now on his second time with PPDSI, Dr. Richard Widmer has always been generously helping out the society. He talked about Pediatric Oral Trauma from all angles and the first dental visit, discussing pediatric oral health from all angles, as well. Dr. Richard is a dear friend of PPDSI, and we always look forward to seeing his un-matching shoes.



Professor Richard Widmer

Prof. Richard Widmer of Australia

IAPD Regional Meeting / 24th PPDSI Annual Convention

The second day of the seminar was started out by Dr. Eduardo Alcaino from Sydney, Australia too. He earned his Bachelor of Dental Sciences (with honors) and his Masters in Pediatric Dentistry from the University of Sydney. Another past president of International Association of Pediatric Dentistry (IAPD), he is also a Fellow of the Royal Australasian College of Dental Surgeons and a clinical associate lecturer from the University of Sydney. He's also not a stranger to PPDSI, as we have had him for the second consecutive year. This time, he talked on the Management of Emergency Situations during Conscious Sedation



Dr. Eduardo Alcaino of Australia with IAPD president, Dr. Anthony Tsai and PPDSI President Dr. Fina Lopez



The seminar hall

Procedures and Trauma in the Early Mixed Dentition. The delegates listened intently on these two topics, as it was interesting and fascinating to listen to.

The last speaker is another dear friend of PPDSI, Professor Angus Cameron, who also earned his Master of Dental Science degree in Pediatric Dentistry in New South Wales. He is the head of Pediatric dentistry at Westmead Hospital and a clinical associate professor and head of discipline in Pediatric Dentistry, University of Sydney. He is also the co-author of our popular textbook in pediatric dentistry, the "Handbook of Pediatric Dentistry", now on its fourth edition and translated in 7 languages. He lectures extensively throughout Australia and around the world. The only speaker dressed in our national costume, the *barong tagalog*, the delegates listened to an delightful lecture on the Management of the Medically Compromised and Management of Children and Adolescents with Dental Enamel Defects.



Prof. Angus Cameron of Australia with IAPD president Dr. Anthony Tsai and PPDSI president Dr. Fina Lopez

IAPD Regional Meeting / 24th PPDSI Annual Convention

The seminar ended with the awarding of the poster presentations, with Dr. Gianina Gamboa from University of Hongkong, Dr. Loshini Sockanathan from Malaysia in 2nd place and Dr. Erika Uy from University of Hong Kong winning first, second and third places, respectively. The judges of the poster presentation were : Dr. Rashid Tahir (Singapore), president of Pediatric Dentistry Association of Asia (PDAA); Dr. Alicia Ko of PDAA from Taiwan; and Dr. Taku Fujiwara of PDAA from Japan.



The delegates went home with a happy experience – with a take-home of new knowledge and new friends – some met up with old friends and some made new friends. All delegates of this congress became new members of the IAPD.

L-R: Judges of the poster presentation : Dr. Rashid Tahir (Singapore), president of Pediatric Dentistry Association of Asia; Dr. Anthony Tsai (Taiwan), president of IAPD; Dr. Taku Fujiwara (Japan), Board Member of PDAA; Dr. Gianina Gamboa (Philippines), 1st place winner of poster presentation; Dr. Alicia Ko from Taiwan and Dr. Fina Lopez

Unang Ngipin Patibayin on its third year (continued from page 1)

THE 6 COMPONENTS OF THE UNANG NGIPIN PATIBAYIN PROGRAM

1. Oral health screening - "Lift the Lip"
2. Caries Risk Assessment
3. Oral hygiene instructions
4. Diet counselling – "Water for oral health"
5. Fluoride varnish application
6. Appropriate referral to the dentist

Held every Mondays in Pasig and Tuesdays in Pateros, the UNP program has been ongoing since 2015. Set as a 3 year program, this is scheduled for turn over to the City of Pasig and the Municipality of Pateros at the end of 2017. We are hoping that both of these LGUS will continue this program. The end of the program also signals the end of our data gathering. This means that the results from our oral health screening every 3 and 6 months will be analyzed, to determine the effectiveness of this program.

The UNP program is a joint project of Smile Pllipinas Foundation and the Philippine Pediatric Dental Society, Inc.



Clockwise: 1. Dr. Noel Vallesteros' introduced our first speaker, Dr. Ari Kupietzky, as he talked about the dental home in the Philippines; 2. Dr. Erika Uy, 3rd place winner of poster presentation, with the judges; 3. Dr. Loshini Socknathan from Malaysia winning 3rd place in the poster presentation, with the judges; 4. The trade exhibit, the registration and the food hall; 5. Dr. Anthony Tsai, president of IAPD



IAPD PRECONGRESS

Pediatric Dentistry Center, Feb 26, 2017



Clockwise : 1. Dr. Larissa Ann Ang (Philippines) answers questions during her poster presentation; 2 & 3. Our own PPDSI members mingle with our foreign delegates from Hong Kong, China, Thailand, Singapore and United Kingdom; 4 & 5. The spacious halls of the seminar hall makes it conducive to learning.





The International Association of Paediatric Dentistry (IAPD) was founded in 1969, under the name "International Association of Dentistry for Children". It started with a membership of 11 national societies and a supporting membership of 270 pediatric dentists, which has grown to 64 national societies and over 1500 members in 2016. It was during the Kyoto Congress in 1991 that IADC changed its name adopting the title "International Association of Paediatric Dentistry".

The aim of the Association was to act as an International Forum for certified pediatric dentists and general dental practitioners with an interest in treating children. Since that time the members and worldwide influence of the Association have expanded so that now, through its national societies it represents over 15,000 dentists.

The management and administration of the IAPD is entrusted to an elected Board of Directors and all decisions are approved by the Council that consists of the representatives of the National Member Societies. PPDSI joined IAPD in 2011.

IAPD FELLOWSHIP NIGHT

The first day of the seminar was over and all delegates trooped out into the garden to enjoy a fellowship night with PPDSI members, fellow local delegates, international delegates and speakers.

With the garden adorned like a Filipino fiesta, Filipino delicacies were served – like the sumptuous lechon, the delicious Ferinno's bibingka and puto bumbong, traditional Filipino desserts like halo-halo and leche flan, the classic Filipino appetizers like fish crackers and chicharon dipped in vinegar sauce, barbecue, samosas, lumpia, and lots of wine and beer. Just as the sun was setting, a flash mob surprised the delegates to their delight; photo booth captured the silliness of the delegates and a band serenaded the guests, It was a great night to have fun with old friends and to make new ones.



With Dr. Fina Lopez is Dr. Carolina Jackson, Dr. Ari Kupietzky, Dr. Eduardo Alcaino, Dr. Fenella Piedad and Dr. Anthony Tsai

IAPD FELLOWSHIP NIGHT

Blue Leaf Filipinas, Feb 27, 2017

Goofing around with the photo booth



Dr. Marirose Eala, Philippine Board of Pediatric Dentistry president and Dr. Eduardo Alcaino, enjoying the lechon

Dr. Love Lucido with our newest PPDSI members: Dr. Nichole Cordova, Dr. Patty Mejorada, Dr. Karen See, Dr. Mia Go, Dr. Larissa Ann Ang

IAPD PRE-CONGRESS

Pediatric Dentistry Center Philippines, Feb 26, 2017



Clockwise : 1, 2, 3, 5: An intimate discussion on diagnosis and treatment planning by PPDSI members who are clinical supervisors, lecturers and faculty members ; 4. An award of appreciation to Prof.Angus Cameron for generously sharing his time and expertise; with Dr. Fina Lopez and Dr. Fenella Piedad

PPDSI ANNUAL CONVENTION / IAPD REGIONAL PRE-CONGRESS

A faculty development seminar was held last February 26, 2018 at the Pediatric Dentistry Center Philippines, that served as the pre-congress of the IAPD Regional Meeting. A 4 hour workshop on Diagnosis and Treatment Planning by no less than Professor Angus Cameron himself, it was an intimate discussion of diagnosing cases the whole afternoon. With pediatric dentists who are in the academe and are clinical supervisors, Professor Cameron taught strategies on how to reach a diagnosis, especially in difficult cases. The delegates broke out into small groups, having an intimate discussion of diagnosis and treatment planning, based on



Induction of PPDSI President (continuation from page 1)



The new set of officers of PPDSI

Held at the Last Chukker of the Manila Polo Club, it was attended by some PPDSI members and a few dear friends of PPDSI who has helped the society the past years. The new set of PPDSI officers took their oath of office as well.

Dr. Noel Vallesteros the outgoing president of PPDSI, delivered his farewell speech. He recognized a few PPDSI members and colleagues dear to us who have been instrumental in the achievements of PPDSI for

the past 2 years – Dr. Soledad V. Navarro, founding member of PPDSI; Dr. Georgina Remulla and Dr. Eric Hernandez of PPDSI, who were both instrumental in the advancement of the training program of PPDSI; Dr. Carina Mabanta de los Reyes of PPDSI and Dr. Joji Tan of UPDAA, the promoters of our UNP program; and Dr. Milagros Bautista, president of Philippine Pediatric Society, our advocate in PPS for the oral health of Filipino children.

President's Night

Manila Polo Club, Feb 26, 2017



Dr. Soledad Navarro is the prime mover and the founding member of PPDSI. You may call her our "mother" when we all still seek advise from her. With the rapid pace of advancing technology, and with the rise of the "millenials", we tend to be shortsighted and forget history. It's time that we put everything in the proper historical perspective.



Dr. Joji Tan is not a PPDSI but rather, the president of UP Dental Alumni Association, of which we have a partnership with for the UNP program. Her hi-octane energy is contagious, her passion and commitment towards change is sincere and her political will to make things happen is truly rare and selfless.



The efforts and initiatives of **Dr. Carina Mabanta-de los Reyes** in support of the "Unang Ngipin Patibayin" program is greatly appreciated. The UNP program is a collaborative effort of the UP Dental Alumni Association, Smile Pilipinas Foundation and PPDSI.

President's Night

Manila Polo Club, Feb 26, 2017



Dr. Milagros Bautista is the past president of Philippine Pediatric Society, the national organization of pediatricians. She spearheaded the move to the PPS Council of Elders and PPS Board of Directors for the unanimous recognition of PPDSI as a subspecialty affiliate of the PPS, a milestone in the history of Philippine Dentistry. With this development, PPDSI will assist the pediatricians on formulating policies, guidelines, and recommendations in preventive oral health for the Filipino children.



PPDSI recognizes **Dr. Georgina Roa-Remulla** for generously sharing her time, knowledge and expertise as Head of Training for the two-year Advanced Education in Pediatric Dentistry. Training plays a vital role as it provides the breeding ground of our future PPDSI members and leaders. .



PPDSI is thankful to **Dr. Eric Hernandez** for all the encouragement, support and guidance to push through with the two-year Advanced Education in Pediatric Dentistry (AEPD) at the Pediatric Dentistry Center Philippines. This is the only accredited program that will produce specialists in the country.

President's Night

Manila Polo Club, Feb 26, 2017



Clockwise: 1. Dr. Fina presents an award of recognition to PPDSI's past president Dr. Noel for all the hard work done in the past 2 years; 2. Dr. Fina with PDA president Dr. Mark Villalobos and PDA protocol officer Dr. Rey Agcanas; 3. Dr. Noel formally turns over the presidency to Dr. Fina; 4 and 5. Some PPDSI members and guests enjoy the elegant and relaxed dinner at Manila Polo Club.

President's Night

Manila Polo Club, Feb 26, 2017



Clockwise: 1. The induction of our new member, Dr. Grace Orlina with Dr. Fina Lopez and credentials head, Dr. Riza Custodio; 2. PPDSI members: Dr. Pinky Ignacio, Dr. Mae Roxas, Dr. Mina Bautista, Dr. Joni Peran, Dr. Khythn Climaco, Dr. Jasper Tago, Dr. Kookee Santo and guest, Mr. Lito Benitez; 3. PPDSI members: Dr. Carmela Pedroso, Dr. Love Lucido, Dr. Peach Sunico, Dr. Riza Custodio, Dr. Dinty Kamantigue and a dear friend of PPDSI, Dr. Chibelle Pike; 4. The working team of Dr. Noel's term: Dr. Khythn Climaco, Dr. Kookee Santos, Dr. Mae Roxas, Dr. Pinky Igancio, Dr. Joni Peran, Dr. Mina Bautista and Dr. Jasper Tago; 5. More of the working team of the previous term: Dr. Georgia Remulla, Dr. Fina Lopez, Dr. Fenella Piedad and Dr. Riza Custodio

PPDSI AS THE CPD DENTAL PROVIDER AT THE 108TH PDA ANNUAL CONVENTION

With the Philippine Dental Association's continuing education providership in suspension, the problem was who will provide the much-needed CPD points to the registered dentists in the PDA Annual Convention held last May 2-6, 2017 at the SMX Convention Center, Pasay. We all know that when the Republic Act 8981 took effect, it mandated all dentists to earn 60 points within 3 years so they can renew their PRC licenses. To address this problem of PDA, PPDSI gladly stepped in to help out PDA in this predicament as the Society was the one who applied for the CPD points in the Professional Regulations Commission (PRC). Led by the PDA president-elect, Dr. Mark Villalobos, this annual PDA convention had a theme of "Focusing on Preventive Dentistry for Patient Safety".

The 108th PDA Annual Convention had 14,000 delegates in attendance.

PPDSI PARTICIPATES AT THE 108TH PDA ANNUAL CONVENTION

In full support of the Philippine Dental Association, PPDSI participated in the 108th Annual Convention. We had several speakers who enlightened our colleagues on different areas of pediatric dentistry. We had Dr. Alicia Ko from Taiwan who spoke about Pediatric Oral Trauma; Dr. Diana Batoon from the USA who lectured on Sleep Disordered Breathing in Pediatrics; and Dr. Peach Tala on Controversies on Fluoride; and Dr. Jasper Tago on Prescription Writing in Pediatric Dentistry.



We also had different symposiums, specifically for our different groups. The government dentists had their own one-day symposium on evidence-

based strategies aimed at addressing the severe and chronic problems of caries among Filipinos. Dubbed as Camp M.I.D. (Minimum Intervention in community Dentistry), this was led by our Dr. Noel Vallesteros. Updates on prenatal care for the mother and for the child until he/she is 2 years of age (the first 1000 days) which is the critical period when good oral health begins, was discussed by Dr. Fenella Piedad. Infection control within the context of emergency treatment in community-based settings, a mandatory procedure especially with the rise of HIV cases all over the country, was tackled by Dr. Ryan de Guzman. Appropriate technologies in addressing small to deep

caries, specifically the use of glass ionomer sealants for pits and fissures, surface protection for smooth surface caries and other uses of fluoride toothpaste in arresting lesions through Ultra Conservative Treatment (UCT) was discussed by Dr. Noel Vallesteros. And finally, Dr. Prathip Phantumvanit from Thailand discussed Simple and Modified Atraumatic Restorative Treatment (SMART) through partial caries removal and the use of glass ionomers for primary teeth. This symposium was meant for health center and government dentists, PDA officers and volunteers who engage in community dentistry, and for private practitioners who wish to practice non-invasive dentistry for their patients.

The dental hygienists had their own symposium as well. One full morning was dedicated to pediatric dentistry. Dr. Fina Lopez talked on Behavior Management Techniques that the dental hygienists can employ; Dr. Mina Bautista talked on different caries preventive strategies and Dr. Daisy Cornejo-Malenab talked on the different chemotherapeutic agents used in dentistry.

And as a PDA pre-congress, PPDSI also participated as well with a half-day workshop. With the theme All About Crowns, different types of crowns used on the pediatric patient

were demonstrated. Dr. Baifatima Gania presented the different indications and procedures of each type of crown – the stainless steel crown, the strip off crown and the zirconia crown. All delegates were then given a chance to prepare the tooth (using a low speed bur with a micromotor) and actually seat the crowns on a typodont, mounted on an articulator. All these were possible with the help of our major sponsor, Fortress Dental and our minor sponsors, 3M and GC.



The PDA specialty groups, including PPDSI help out the PDA in providing CPD points for its dental chapters and members

The year 2017 was the year of PDA's suspension in providing CPD points. PDA tapped the 6 specialty groups namely, " Association of Philippine Orthodontists, Endodontic Society of the Philippines, Philippine College of Maxillofacial Surgeons, Philippine Pediatric Dental Society, Inc., Philippine Prosthodontic Society and Philippine Society of Periodontology. Together, all of these specialty groups helped out the PDA dental chapters in providing the much needed CPD points for their quarterly seminars.

PEDIATRIC DENTISTRY'S HORROR STORIES



For the very first time in PPDSI, we organized a most unusual seminar last August 28, 2017. Entitled Pediatric Dentistry's Horror Stories, this seminar's format was a series of case presentations where the most unexpected and most unfortunate consequences were reported.

The first lecture by Dr. Jasper Tago was all about avoiding iatrogenic dental complications. He presented 3 complications of cases, caused by the dental clinician - a permanent inferior alveolar nerve damage immediately following a third molar odontectomy; extraction of a wrong tooth and the faulty crown restorations. The

sequelae and remedies of each case were discussed, including ways to avoid them.

The second lecture was presented by Dr. Baifatima Gania, who presented a case of tooth aspiration following a dental extraction done inside the dental clinic. A panel discussion followed, talking about the different dental, medical, legal and ethical implications of this case. The members of the panel were Dr. Rodelia Cipriano, a critical-care specialist, who emphasized the need of a formal training to be able to recognize a tooth aspiration case and rescue the patient immediately in a life-threatening situation such as this ; Dr. Marirose Eala, the chairman of the Philippine Board of Pediatric Dentistry and Atty. Rodrigo Quimbo of Baker and MacKenzie law offices who answered and shed light on the many questions about the legal aspects of this case. The moderator of this panel discussion was Dr. Paul Abaya.



(L-R) : Dr. Fina and Dr. Noel with the panelists on Tooth Aspiration discussion: Atty. Rodrigo Quimbo, Dr. Baifatima Gania, and Dr. Arturo Aguila, Dr. Rodelia Cipriano and Dr. Marirose Eala

PEDIATRIC DENTISTRY'S HORROR STORIES

During a luncheon symposium, adverse toxic reactions on the use of analgesics in children were then discussed by Dr. Rodela Cirpiano. This was sponsored by Ibuprofen Dolan of Pediatrica.

For the fourth lecture, an oral rehabilitation case under conscious sedation which had the most unfortunate result of a mortality, was presented by Dr. Kookee Santos. It is no secret that conscious sedation is a widely used treatment option for pediatric patients. An anesthesiologist, Dr. Arturo Aguila was one of our panelists, who spoke to the audience of the importance of formal training, sufficient knowledge and proper protocols. Dr. Georgia Remulla was the moderator for this panel discussion.



(L-R) : Dr. Fina and Dr. Noel with the panelists on Conscious Sedation discussion: Dr. Georgia Remulla, Dr. Kookee Santos, Dr. Marirose Eala and Dr. Arturo Aguila

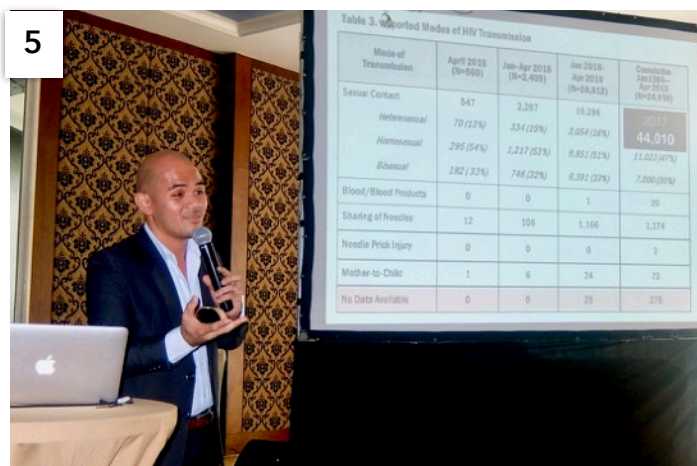
And for the last lecture, untoward events in the community based outreach programs were discussed by Dr. Ryan de Guzman. These untoward events include : cross infection between patients, including Hepa B and HIV infections, since dental missions do not practice adequate aseptic techniques during such programs; bleeding and cardiovascular problems especially during or after a tooth extraction. The speaker presented statistics of such problems, provided a review of already existing policies and presented a culturally relevant way on how to prevent such problems / accidents from occurring.



We aimed for this seminar to update the members in the diagnosis and management of medical emergencies in the dental office and in community outreach programs. This wasn't a seminar to make "chismis" all those cases that went terribly wrong... but rather to increase the awareness of our colleagues that these complications can indeed happen to all of us. Held on a holiday (National Heroes Day), it was a "heavy" seminar for some, as it left them fearful and worried; but for most, they applauded the braveness of this seminar, as it touched the most *un-talked-about* and courageously addressed the issues head on. This armed our colleagues the added wisdom and the prudence in their clinical judgement.

PEDIATRIC DENTISTRY'S HORROR STORIES

St. Francis Shangrila
Aug 28, 2017



Clockwise: 1. Dr. Rodelia Cipriano, Atty. Rodrigo Quimbo and Dr. Marirose Eala, the medical, legal and dental panelists respectively, on the Tooth Aspiration case discussion; 2. Dr. Jasper Tago with Dr. Noel and Fina; 3. The roomful of delegates; 4. Dr. Rodelia Cipriano with Dr. Noel and Dr. Fina, and Dr. Pat Vargas, the host; 5. Dr. Ryan de Guzman delivers his lecture.

PPDSI represents PDA in the Senate hearing of Sugar Bill

PPDSI, on behalf of the Philippine Dental Association, went to the Senate to respectfully urge our legislators to take action to reduce sugar consumption to curb the epidemic of dental caries among Filipinos. 9 out of 10 Filipinos are suffering from tooth decay, and our country ranks as having one of the highest caries prevalence in the world. 'Ang Batang Pinoy ay isa sa may pinakabulok na ngipin sa buong mundo...'

Sugar is the leading risk factor for dental caries. "No sugar, no caries." Children are introduced to sugared drinks, and become addicted to it as they grow older, when they should be drinking more WATER, which is very good for their oral health and overall health. Free sugars intake of above 60 g per person per day increases the rate of dental caries in teenagers and adults. For pre-school and young children, free sugars intake should be proportional to that of teenagers, about 30 g per person per day.



Moreover, the high intake of sugar sweetened beverages (SSBs) may lead to an unhealthy diet, weight gain and increased risk of non-communicable diseases (NCDs), such as cardiovascular disease, cancer and diabetes.

It has been proven that a nation's objectives are best achieved when the government includes health and well-being as a key component of policy development. The same applies to oral health. The sugar bill, sponsored by Rep. Horacio B. Suasing of Sultan Kudarat and Rep. Estrelita B. Suansing of Nueva Ecija, sought to impose an excise tax of Php 10.00 on sugar sweetened beverages. This bill was passed and this sugar bill is now in effect.

This is indeed a victory for us. This is one step closer for healthier Filipino children.

TATAK PAMBATA REMIXED: A PARTNERSHIP OF PPDSI AND GC



In partnership with GC Philippines, PPDSI went to Pampanga to reach out to our colleagues in North Luzon. Held in Widus Hotel in Clark last October 17, 2017, it was a seminar on all child-friendly and dentist-friendly procedures for the child patient. Dubbed as the Tatak Pambata ReMIXED, this is a symposium all about the mixed dentition, while the original Tatak Pambata seminar was all about prevention on primary teeth.

The lecture line up included Dr. Fina Lopez on the newly-released evidence-based guidelines on dental sealants, for the protection of the most caries-prone teeth in the dental arch; Dr. Fenella Piedad on the different treatment options in saving young permanent teeth; Dr. Mina Bautista who presented different case scenarios of children with prematurely extracted teeth and its space management; and Dr. Noel Vallesteros who gave practical tips on parent management.

PPDSI IN PDA'S PRESIDENT'S NIGHT AND HOUSE OF DELEGATES OPENING SESSION

PPDSI President, Dr. Fina Lopez and President-elect, Dr. Paul Abaya



COMMUNITY OUTREACH AT RODRIGUEZ, RIZAL



San Isidro High School
Rodriguez, Rizal
Nov. 26, 2017

Procedures done:
Oral health education (mothers' class)
Oral exam and topical fluoride application
Caries Risk Assessment



APO-PPDSI RIDING IN TANDEM : A QUARTERLY SEMINAR TURNED CONGRESS

Co-written by Dr. Martin Reyes, Dr. Georgia Remulla, Dr. Noel Vallesteros and Dr. Marybeth Gabriel



The Association of Philippine Orthodontists and the Philippine Pediatric Dental Society Inc. held its monumental joint seminar last November 29, 2017. It was a fitting and most appropriate year end 4th general meeting for both societies which felt more like a Biennial Congress with over 320 delegates flocking to the Marco Polo Hotel in Pasig City. This was after all the first time 2 distinguished specialty groups joined forces to give everyone what they always wanted : an ortho- pedo symposium.

Headed by APO President Dr. Martin Antonio Reyes and PPDSI President Dr. Fina Marilag Lopez, it was a day everybody was looking forward to as there were 4 distinguished lecturers who shared their knowledge on their respective fields of expertise. Adding to a the congress-like atmosphere was a whopping roster of 23 dental and non-dental traders who reserved their slots months in advance to be part of this auspicious event. This was truly a grand event as the ball room was filled to full capacity.

The conference started a wee bit late after the Opening Prayer but things to picked up right after Drs. Fina and Martin gave their short but meaningful welcome remarks. The very capable hosts Drs. Paul Abaya (PPDSI) and Melissa Concio Arguelles (APO) then proceeded to introduce the very first lecturer, Dr. Lucia Valderrama.

Lights, Camera ... Dr. Valderrama

What a fantastic lecture this was! Dr. V simply left the audience in awe with her cases which incorporated surgeries of impacted/ supernumerary teeth and pathologies together with Orthodontic cases. She explained that digital radiography was a very important tool for all of us if we wanted to be the best in our practice, both in Orthodontics and Oral Surgery. The limitations of analogue films are now a thing of the past and it is our responsibility to update ourselves on how to read and interpret these images. The one hour given to Dr. Valderrama seemed too short for her lecture as it was a very impressive and educational from start to finish.



Dr. Lucia Valderrama

One insight that she gave to the audience was to select cases very carefully especially those which may need extraction rather than orthodontic traction. Age and position of the tooth were critical factors in making this decision.

The surprise of the day was a short award ceremony where plaques of appreciation and tokens of friendship were given by both APO and PPDSI to each other. Drs. Martin and Fina received the awards on behalf of their respective societies.



Dr. Ethel Escultura

Orthodontics with Dr. Ethel

Dr. Ethel Escultura, the next lecturer, spoke on the different kinds of goals we should set for our patients who undergo Early Orthodontic Treatment. These may include but are not limited to functional appliances, trainers and the like. Guidelines and protocol to follow when diagnosing and treating growing patients and adults were presented much to the delight of the crowd.

Before and after pictures of clinical cases highlighted the evidence based lecture. The audience couldn't help but take notes as Dr. Ethel shared with them the recipe for successful treatment.

A short 3 minute AVP tribute to APO and PPDSI served as a fitting appetizer to the much anticipated remaining lecture of the morning session.

Silence Please... Dr. Reynolds is in the house

World renowned speaker and expert Dr. Eric Reynolds spoke about the prevention of plaque dysbiosis and white spot lesions around the orthodontic brackets. Very timely indeed as we are all geared towards the maintenance of good oral health during this time as our patients undergo their orthodontic treatment.

Many of our colleagues requested that we summarize Dr. Reynold's lecture in this article. Essentially, frequent exposure of dental plaque dietary fermentable carbohydrates leads to a dysbiotic plaque where cariogenic species emerge and commensal beneficial species decline. This dysbiosis results in an acidic plaque which causes demineralisation of the enamel resulting in white spot lesions (WSL) formation. High concentrations of fluoride are recommended to prevent WSL formation but high F levels can sometime seal the surface of the WSL leading to a poorly arrested white spot which can cause a poor aesthetic outcome and patient dissatisfaction. Furthermore, a poorly arrested lesion can progress to a deeper lesion requiring restoration under further acid challenge. High levels of F are calcium limited resulting in only surface level remineralisation, even in patients with normal salivary flow and quality.



Dr. Eric Reynolds

However, a new technology of saliva biomimetic which delivers bioavailable calcium, phosphate and fluoride ions in the correct stoichiometric ratio allows deep remineralisation and reversal of WSLs to translucency with high incorporation of F into fluorapatite deep into the lesion. This technology is called casein phosphopeptide - amorphous calcium fluoride phosphate (CPP-ACFP).

Recent clinical trials have shown that WSLs can be completely prevented by using a combination of dental varnish and dental crème containing CPP-ACFP. The evidence for its role in the promotion of prebiosis, the return of commensal bacteria in plaque, to restore homeostasis and oral health to not only help prevent caries development but also periodontal disease.

All aboard with Captain Dr. Ian Ermita

Dr. Christian Anthony Ermita was the afternoon speaker who talked about the intricacies of navigating through CBCT Images. He gave a CBCT Imaging Workshop which was complete with a USB for delegates, to help them understand the basics of diagnosing patients with the CBCT. Delegates were thrilled with the 2 hour workshop where they would be given the opportunity to try out the software on their very own personal computers. APO and PPDSI are very grateful to the UP undergrad students who served as facilitators for this grand workshop.

The very successful joint conference ended with all 320 delegates taking home valuable gifts of knowledge and insights that they received from the 4 distinguished speakers. Fond memories of the appetizing food given by Marco Polo Hotel along with the warm feeling of love and joy shared by long lost friends and colleagues in the dental profession served as the irreplaceable souvenirs of this first ever joint session.



Dr. Ian Ermita

But the evening did not end there for APO and PPDSI members as there was a Christmas party waiting for them right after at the Vu's Rooftop Bar on the penthouse of the hotel. Exciting games, numerous raffle prizes, a lively band giving off music that made the delegates stand up and dance. APO lost to PPDSI in most of the games this year which can only lead to a friendly challenge to PPDSI in 2018.

It was an extraordinary Christmas party that capped off a very fruitful day for APO and PPDSI. The gift of learning coupled with the happiness of Christmas spent with dear friends and colleagues on both the APO and PPDSI worlds will surely be one for the history books, one that will definitely be repeated for years to come.

APO-PPDSI RIDING IN TANDEM

Marco Polo Hotel, Nov 29, 2017



Clockwise: 1. The beautiful stage setup of the 2 societies; 2. Dr. Cristy Laureta moderates the entire APO-PPDSI session; 3. The exhibit with 23 traders; 4. Dr. Martin and Dr. Fina, the 2 masterminds of this successful seminar; 5. The APO-PPDSI organizing committee worked well together; 6. The hosts, Dr. Paul Abaya from PPDSI and Dr. Melissa Concio-Arguelles from APO



APO-PPDSI RIDING IN TANDEM

Marco Polo Hotel, Nov 29, 2017



Clockwise: 1. The jam packed seminar hall as we exceeded our delegate limit; 2. The surprise short award ceremony where plaques of appreciation and tokens of friendship were given by both APO and PPDSI to each other; 3. Dr. Eric Reynolds with Dr. Martin and Dr. Fina; 4. Some PPDSi members with Dr. Eric Reynolds and his wife; 5. Some APO members



PPDSI ATTENDS PDAA BOARD MEETING IN SINGAPORE

PPDSI is a founding member of Philippine Dental Association of Asia, therefore is part of the board. Represented by Dr. Georgia Remulla and Dr. Fina Lopez, they attended its annual board meeting last May 12-13, 2017 at Novotel Hotel in Singapore.



The PDAA Board from the Philippines, China, Hong Kong, Japan, Indonesia, Japan, Korea, Malaysia, Taiwan and Thailand.

ADVANCED EDUCATION IN PEDIATRIC DENTISTRY GRADUATION



The AEPD held its second graduation ceremony last September 18, 2017 at Manila Polo Club.

PPDSI congratulates the newest set of specialists: Dr. Daisy Cornejo-Malenab, Dr. Patricia Vargas, Dr. Rea Horfilla-Lopez and Dr. Raissa Benedicto.

THE FIRST APO-PPDSI CHRISTMAS PARTY

Vu Bar, Nov 29, 2017

Hosts :
Mario and Luigi brothers a.,k.a.
Dr. Jasper Tago (PPDSI)
Dr. Cristy Laureta (APO)

Game Master:
Dr. Carmela Pedroso (PPDSI)

Band :
Beyond Dekadas



PPDSI BOARD MEETINGS

April 24, 2017
Poco Deli
BGC, Taguig City



June 5, 2017
Solstice, Illustrado
Rockwell, Makati City

July 10, 2017
Cafe Mediterranean
Powerplant Mall, Makati City



August 7, 2017
Dome Cafe
Shangrila Mall, Mandaluyong City

September 4, 2017
Wooden Spoon
Powerplant Mall, Makati City

October 2, 2017
Planet Grapes
Shangrila Mall, Mandaluyong City



December 11, 2017
Angel's Kitchen
Greenhills, San Juan City